## jam

n. a sweet spread or preserve made from fruit and sugar boiled to a thick consistency.

"Jam" is among the list of at least 55 items which Israel prohibits from entry into the Gaza Strip, according to the Gisha Legal Center for Freedom of Movement, an Israeli organisation which seeks to protect the freedom of movement of Palestinians. This list also includes such items as nutmeg, chocolate, fishing rods, toys, newspapers, and musical instruments.



Gaza is home to 1.5 million Palestinians, 75% of whom are internally-displaced refugees. Since 2006, they have been trapped by a military siege, as the Israeli army has completely surrounded the Gaza Strip and controls every person and item that enters or exits the territory. The residents of Gaza are deprived of sufficient food, medicines, and regular access to basic amenities like electricity on a daily basis. According to the World Food Progamme, in 2009, 44.8% of Gazans were unemployed and 85% depended on humanitarian aid to survive.

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